

Lesson 6 | Present Tenses in Action

 Practice using Present Simple and Present Continuous in a conversation.

Task 1 (A)

Complete the questions with the **Present Simple** or **Present Continuous** form.

- 1) you any TV series **these days**? Which ones? (watch)
- 2) What you **usually** after dinner every night? (do)
- 3) you a book **at the moment**? Which one? (read)
- 4) What you **normally** in your free time? (do)
- 5) What clothes you **right now**? (wear)
- 6) What you **usually** for work? (wear)
- 7) What social media you **usually** ? (use)
- 8) What you **at the moment** to improve your English? (do)
- 9) **What time** your English online class ? (start)

Task 2 (B)

Complete the questions with the **Present Simple** or **Present Continuous** form.

- 1) you any TV series **these days**? Which ones? (watch)
- 2) What you **usually** after dinner every night? (do)
- 3) you a book **at the moment**? Which one? (read)
- 4) What you **normally** in your free time? (do)
- 5) What clothes you **right now**? (wear)
- 6) What you **usually** for work? (wear)
- 7) What social media you **usually** ? (use)
- 8) What you **at the moment** to improve your English? (do)
- 9) **What time** your English online class ? (start)

Assignment: Work-Life Balance and Daily Routine

1. Describe your typical daily routine. What are you doing to improve it?
2. Explain what a healthy work-life balance means to you and why you consider this balance essential
3. Offer at least one practical suggestion for individuals seeking to enhance their work-life balance.